

# 3 FOOD FOR LIFE

## GRAMMAR

### Countable and uncountable nouns SB p.32

#### 1 ★★★ Circle the correct words.

- 0 The books *is / (are)* on my desk.
- 1 The milk *is / are* in the kitchen.
- 2 There *is / are* three English lessons this week.
- 3 The cheese *is / are* old.
- 4 These apples *is / are* very good!
- 5 It *is / are* six o'clock.
- 6 My homework tonight *is / are* easy.
- 7 There *is / are* water on the floor.

#### 2a ★★★ Write the words from Exercise 1 in the correct columns.

book | water | cheese | homework  
lesson | milk | time | apple

Countable	Uncountable
0 <i>book</i>	0 <i>water</i>
1 _____	7 _____
2 _____	8 _____
3 _____	9 _____
4 _____	10 _____
5 _____	11 _____
6 _____	12 _____

#### 2b ★★★ Now write these words in the correct columns.

butter | computer | juice | potato | shirt | pencil

### a / an / some / any SB p.32

#### 3 ★★★ Complete the sentences with a / an or some.

- 0 I'd like some strawberries, please.
- 1 We've got \_\_\_\_\_ lesson at 10 o'clock.
- 2 There are \_\_\_\_\_ apples in the kitchen.
- 3 This is \_\_\_\_\_ old computer.
- 4 Let's make \_\_\_\_\_ orange juice.
- 5 I'd like \_\_\_\_\_ cheese sandwich, please.
- 6 Can I have \_\_\_\_\_ water, please?
- 7 You've got \_\_\_\_\_ nice shirts!

#### 4 ★★★ Complete the conversation with *some* or *any*.

- DAD It's Mum's birthday tomorrow. Let's make a cake for her.
- ALEX Yeah, great idea. What do we need?
- DAD Well, first we need <sup>0</sup> some sugar and <sup>1</sup> \_\_\_\_\_ butter.
- ALEX What about fruit?
- DAD We're going to make a banana cake, so we need <sup>2</sup> \_\_\_\_\_ bananas.
- ALEX OK. But we've got <sup>3</sup> \_\_\_\_\_ oranges and strawberries here as well. Can we use them, too?
- DAD Well, maybe we can put <sup>4</sup> \_\_\_\_\_ strawberries on the top of the cake, but I'm sure we don't need <sup>5</sup> \_\_\_\_\_ oranges. It's a banana cake, Alex!
- ALEX OK. Oh, it's going to be a great cake, Dad. But don't forget the candles. A birthday cake isn't right if there aren't <sup>6</sup> \_\_\_\_\_ candles on it.
- DAD That's right.
- ALEX So, can we please put <sup>7</sup> \_\_\_\_\_ candles on it?
- DAD Sure. Now – what do we do first?
- ALEX I can look on the computer to get <sup>8</sup> \_\_\_\_\_ information about cakes. OK?
- DAD No, we haven't got <sup>9</sup> \_\_\_\_\_ time for that. Come on – let's start.

### (how) much / (how) many / a lot of / lots of SB p.32

#### 5 ★★★ Complete the sentences with *much* or *many*.

- 0 How many desks are there in your classroom?
- 1 My school hasn't got \_\_\_\_\_ computers.
- 2 How \_\_\_\_\_ butter do we need?
- 3 I haven't got \_\_\_\_\_ friends.
- 4 I haven't got \_\_\_\_\_ time before dinner.
- 5 How \_\_\_\_\_ legs has a spider got?
- 6 How \_\_\_\_\_ ice cream is there in the fridge?
- 7 We haven't got \_\_\_\_\_ homework tonight.

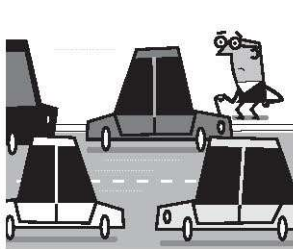
6 ★★★ Replace *a lot of* with *much* or *many*.

- 0 I haven't got a lot of friends. many
- 1 There aren't a lot of people here. \_\_\_\_\_
- 2 There isn't a lot of sugar in my coffee. \_\_\_\_\_
- 3 We haven't got a lot of time. \_\_\_\_\_
- 4 Please don't buy a lot of cheese. \_\_\_\_\_
- 5 There aren't a lot of songs on this CD. \_\_\_\_\_
- 6 Hundreds of people went to the concert, but there weren't a lot of teenagers. \_\_\_\_\_
- 7 There isn't a lot of information in this book. \_\_\_\_\_

**too many / too much / not enough + noun** SB p.35

7 ★★★ Complete the sentences with the words in the list.

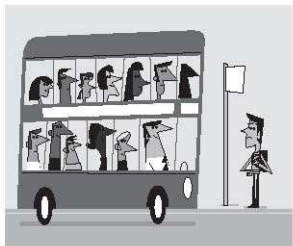
too much traffic | a lot of traffic | a lot of clothes  
a lot of people | too many people | too many clothes



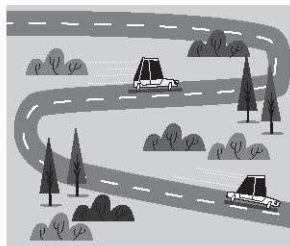
0 I can't cross the road – there's too much traffic!



1 I've got \_\_\_\_\_.  
I think I'll throw some old ones away.



2 I can't get on the bus – there are \_\_\_\_\_ on it!



3 We'll get there easily – there isn't \_\_\_\_\_ today!



4 I bought \_\_\_\_\_ yesterday.



5 I was really happy because \_\_\_\_\_ came to my party.

8 ★★★ Circle the correct words.

- 0 I can't go out tonight – I haven't got enough / I've got too much homework to do.
- 1 Let's do it later. *There isn't enough / There's too much* time now.
- 2 We need to go shopping; *there isn't enough / there's too much* food for tonight.
- 3 We can't sit down because *there aren't enough / there are too many* chairs.
- 4 I need to tidy my room – *there aren't enough / there are too many* things on the floor!

**too + adjective, (not) + adjective + enough** SB p.35

9 ★★★ Complete the sentences with a phrase from the list.

not tired enough | too tired | too old  
too warm | not warm enough | not old enough

- 0 I can't go to sleep – I'm not tired enough.
- 1 Sorry, you're only 12. You're \_\_\_\_\_ to see this film.
- 2 Sorry, I'm \_\_\_\_\_ to go out tonight! I just want to go to bed!
- 3 What? Go for a swim in the sea? Sorry, no, the water's \_\_\_\_\_.
- 4 I don't want to go for a walk. It's a very sunny day, so it's \_\_\_\_\_ to walk.

**GET IT RIGHT!**   
*a lot of / lots of*

We use *of + noun* after *a lot* and *lots*.

- ✓ There are **a lot of** fast food restaurants in my town.
- ✗ There are ~~a lot~~ fast food restaurants in my town.
- ✓ We've got **lots of** money.
- ✗ We've got ~~lots~~ money.

We use *a + lot + of* but *lots of*.

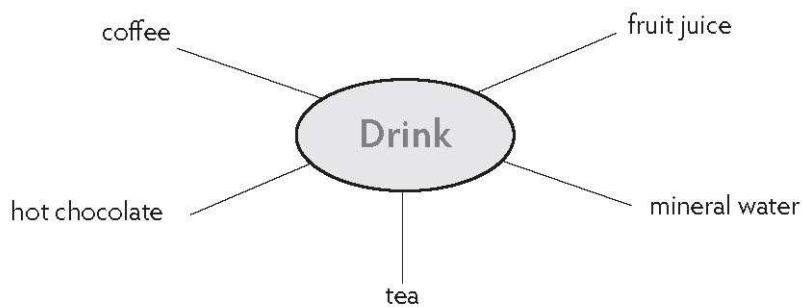
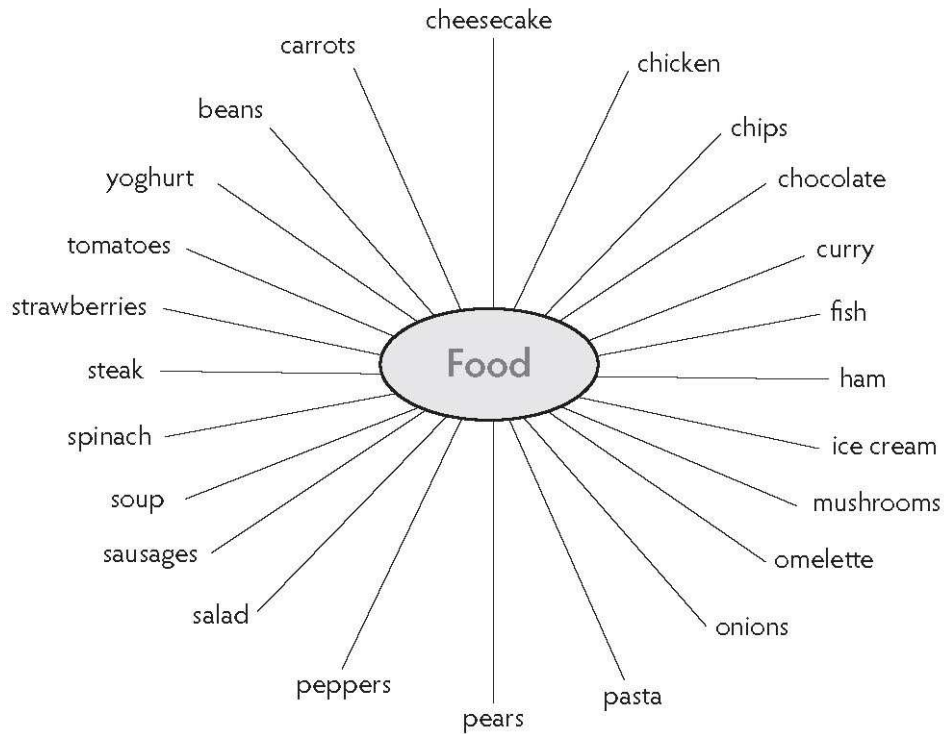
- ✓ There are **a lot of / lots of** people at the party.
- ✗ There are ~~a lots of~~ people at the party.

Correct the sentences.

- 0 There is lots food to eat.  
There is lots of food to eat.
- 1 We have alot of sandwiches and a lots of sausages.  
\_\_\_\_\_
- 2 We don't have much of water.  
\_\_\_\_\_
- 3 There aren't a lot places to park the car.  
\_\_\_\_\_
- 4 Jo buys lots cakes and a lot ice cream.  
\_\_\_\_\_

# VOCABULARY

## Word list



### Words that go together

roast chicken  
boiled potatoes  
grilled fish  
fried mushrooms  
ham and cheese omelette  
vanilla and chocolate ice cream  
mixed salad  
pasta with tomato sauce

### Describing food

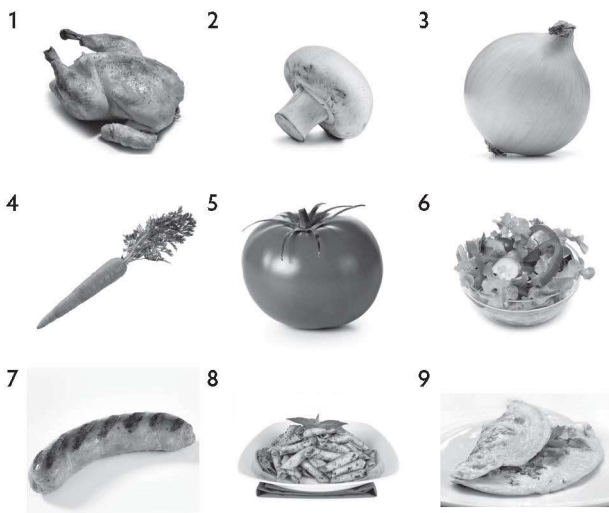
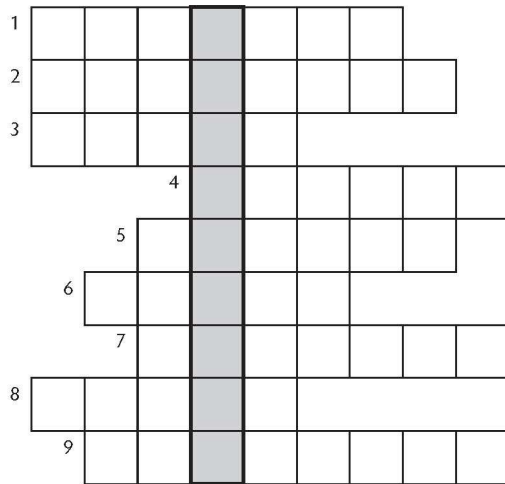
delicious  
disgusting  
fatty  
fresh  
horrible  
salty  
spicy  
sweet  
tasty  
yummy

### Expressions with *have got*

have got an idea  
have got a headache  
have got time  
have got something to do  
have got a problem

Food and drink SB p.32

1 ★★★ Complete the puzzle. What is the 'mystery' word in the middle?



The mystery word is \_\_\_\_\_.

Adjectives to talk about food SB p.35

2 ★★★ Circle the word that does not follow the adjective.

- 0 roast   a chicken   b potatoes   c strawberries
- 1 grilled   a soup   b fish   c sausages
- 2 boiled   a carrots   b potatoes   c salad
- 3 fried   a curry   b chicken   c onions
- 4 mixed   a salad   b vegetables   c chicken
- 5 hot   a water   b fruit juice   c chocolate

3 ★★★ Complete the adjectives. Then check in the word list 'Describing food'.

- 0 delicious
- 1 diguuinu      5 sutu
- 2 fauy              6 sucy
- 3 fruh                7 sueeu
- 4 houibu            8 tauy

4 ★★★ Look at the words in Exercise 3. Match them to the definitions.

- 0 it has a very nice taste (2 words) *delicious, tasty*
- 1 it has a very bad taste (2 words) \_\_\_\_\_
- 2 it has a lot of fat in it \_\_\_\_\_
- 3 it has sugar in it \_\_\_\_\_
- 4 it has a hot and strong taste (for example, curry) \_\_\_\_\_
- 5 it is in a natural condition (not from a tin or frozen) \_\_\_\_\_

5 ★★★ Invent two dishes, one that you think is really delicious, and one that you think is really disgusting.

Example:

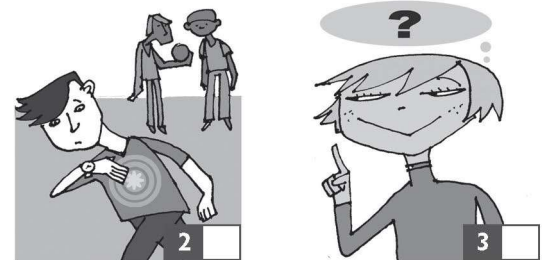
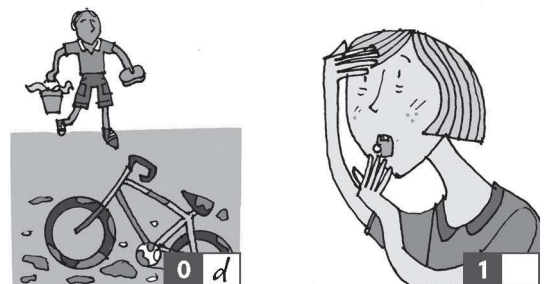
*Delicious* – chicken curry with mushrooms and chips

*Disgusting* – vanilla ice cream with spinach and chips

WordWise SB p.37

Expressions with have got

6 ★★★ Match the sentences and the pictures.



- a I've got an idea!
- b I've got a headache.
- c I haven't got time.
- d I've got something to do.

7 ★★★ Match the sentences to a–d in Exercise 6.

- 0 'Let's go to the cinema.'      a
- 1 'I'm taking aspirin.'
- 2 'And I'm going to do it now!'
- 3 'Let's play tomorrow, OK?'

## READING

1 **REMEMBER AND CHECK** Match the statements and the food. Then check your answers in the article on page 31 of the Student's Book.

- 0 In Japan, they are sometimes square.  c
- 1 They have more sugar in them than strawberries.
- 2 It has a lot of vitamins that are good for the skin and hair.
- 3 They help the body produce a chemical called 'serotonin'.
- 4 A lot of people think they're vegetables, but they're fruit.
- a bananas  
b avocados  
c watermelons  
d honey  
e lemons

2 Read the text. Match the photographs and the countries.



- a the USA    b Peru    c Brazil  
d Britain    e South Africa    f Mexico

POSTED: THURSDAY

## Different food around the world

It is fantastic to go to different countries. You can see wonderful places and visit great cities. You can go to museums and markets, and meet people with different ideas and a different language. And, of course, you can eat different food, too.

Sometimes the food in another country is different because it has a different taste – for example, food in India is often very spicy. But sometimes it is because the food itself is very different. So, what things do people eat in other countries that perhaps you don't eat in yours?

Well, in Mexico, some people really like to eat grasshoppers. Do you think that's strange? Perhaps, but of course the people who eat grasshoppers don't think so, and in fact grasshoppers are very good for you.

If you go to South Africa, you see that some places serve kudu – it's a kind of big antelope. And in some parts of the USA, you can eat rattlesnake – some people say it tastes like chicken, but other people say it's like fish. A lot of people just say: 'It's delicious!'

Talking of chicken, grilled chicken hearts are a big favourite in Brazil. People eat them with meat and rice at barbecues. Finally, if you go to a restaurant in some parts of Peru, it's possible that you will see fried guinea pig on the menu. It's a very important food for many people in the mountain parts of the country.

So perhaps you are thinking: 'Oh, no, please – I just want to eat chips!' Oh, yes, chips (or 'fries' in the USA). Now they're the same in every country, right? Wrong! In many places in Britain, people eat their chips with a curry sauce!

So, when you eat a meal, stop and think. Perhaps people from other countries think that your food is really strange!

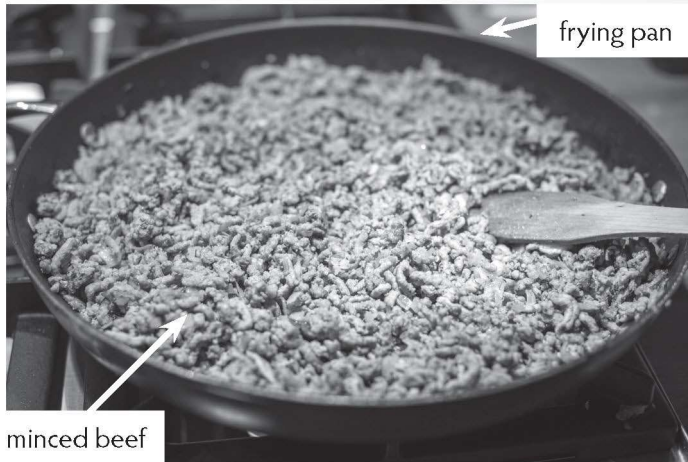
3 Mark the sentences T (true) or F (false). Correct the false ones.

- 0 Food in India is sometimes very spicy.  T
- 1 Some people eat grasshoppers in Mexico.
- 2 Grasshoppers are good for you.
- 3 Everyone thinks rattlesnake tastes like chicken.
- 4 In Brazil, some people eat fried chicken hearts.
- 5 Guinea pig is an important food everywhere in Peru.
- 6 Chips (or fries) are the same in every country.
- 7 In Britain, some people eat chips with curry sauce.

## DEVELOPING WRITING

## A recipe

- 1 Read the recipe for Bolognese sauce. About how long does it take to make this sauce?



## Bolognese sauce

**What you need (the ingredients):**

- 1 tbsp olive oil
- 1 small carrot, cut into small pieces
- 1 small onion, cut into small pieces
- 400g can of tomatoes
- some fresh basil leaves
- 250g minced beef
- 400g spaghetti
- 25g toasted breadcrumbs

**How to make it:**

- 1 Heat the oil in a frying pan. Put in the carrot and onion and cook for 5 minutes.
- 2 Add the minced beef to the carrot and onion. Cook for a few minutes (until the meat is brown).
- 3 Put the tomatoes into the frying pan, and cook for another 5 minutes. Stir all the time.
- 4 Add the basil leaves, then cook slowly for 15 minutes.
- 5 Cook the spaghetti. (Usually eight to ten minutes.)
- 6 Put the spaghetti on a plate. Put the sauce on top of the spaghetti. Put some basil leaves on top and the breadcrumbs.

- 2 Read the recipe again. Answer the questions.

- 1 How long do you cook the carrot and onion?  
\_\_\_\_\_
- 2 When is the meat OK?  
\_\_\_\_\_
- 3 How long does it take to cook the spaghetti?  
\_\_\_\_\_
- 4 What do you put on top of the sauce?  
\_\_\_\_\_

- 3 a Read the section 'How to make it' again. Match the verbs and the definitions.

- |   |      |                          |
|---|------|--------------------------|
| 1 | heat | <input type="checkbox"/> |
| 2 | add  | <input type="checkbox"/> |
| 3 | stir | <input type="checkbox"/> |
- a put one thing together with another thing
  - b move round and round (often with a spoon)
  - c make something hot

- 3 b Tick (✓) the correct option.

All the verbs are in:


- |                   |                          |
|-------------------|--------------------------|
| the present tense | <input type="checkbox"/> |
| the imperative    | <input type="checkbox"/> |
| the past tense    | <input type="checkbox"/> |

## Writing tip: a recipe

- Choose the dish. Something simple is a good idea! (A chocolate cake? Chips? An omelette? ...)
- Think of all the things you need (the ingredients). Write them down. Use a dictionary to help you with words you don't know.
- Think of any things you need to do to the ingredients before you start cooking (e.g. cut / chop / dice / ... ) Write the words down.
- Think of the steps ('How to make it'). What are the verbs you need? Write them down. Use a dictionary to help you with words you don't know.

- 4 Write a recipe for something that you know how to make or cook.

## LISTENING

1  13 Listen to the conversation between Sally and Maggie. Tick (✓) the things that Sally puts in her dish.

- |           |                          |               |                          |
|-----------|--------------------------|---------------|--------------------------|
| beans     | <input type="checkbox"/> | carrots       | <input type="checkbox"/> |
| chicken   | <input type="checkbox"/> | chilli pepper | <input type="checkbox"/> |
| garlic    | <input type="checkbox"/> | meat          | <input type="checkbox"/> |
| mushrooms | <input type="checkbox"/> | onion         | <input type="checkbox"/> |
| potatoes  | <input type="checkbox"/> | red pepper    | <input type="checkbox"/> |
| tomato    | <input type="checkbox"/> |               |                          |



2  13 Listen again. Mark the sentences T (true) or F (false).

- |  |                                     |
|--|-------------------------------------|
| 0 Sally is cooking something for dinner.                     | <input checked="" type="checkbox"/> |
| 1 Sally's got an idea for a new kind of food.                | <input type="checkbox"/>            |
| 2 The onions, tomatoes and red peppers are grilled together. | <input type="checkbox"/>            |
| 3 Sally's dish isn't spicy.                                  | <input type="checkbox"/>            |
| 4 Sally uses fried steak.                                    | <input type="checkbox"/>            |
| 5 They can eat Sally's food with salad and potatoes.         | <input type="checkbox"/>            |
| 6 Maggie thinks <i>chilli con carne</i> is from Mexico.      | <input type="checkbox"/>            |
| 7 <i>Chilli con carne</i> usually has mushrooms in it.       | <input type="checkbox"/>            |

## DIALOGUE

1 Put the words in order to make phrases.

- 0 OK / It's. It's OK.
- 1 sorry / I'm / really \_\_\_\_\_
- 2 really / I / bad / feel \_\_\_\_\_
- 3 it / worry / Don't / about \_\_\_\_\_

2 Use the phrases in Exercise 1 to complete the conversation. There may be more than one possible answer.

- A Jacky? Do you remember that I borrowed your book?
- B Yes, I remember. Why?
- A Well – I can't find it. I haven't got it any more.  
<sup>0</sup> I'm really sorry.
- B Oh, <sup>1</sup> \_\_\_\_\_, Brian. It's not a very good book!
- A <sup>2</sup> \_\_\_\_\_, Jacky. I want to buy another one for you.
- B No, Brian. <sup>3</sup> \_\_\_\_\_. Really. Look – I've got an idea.
- A What?
- B There's a film of the book now. It's at the cinema this weekend. Take me to see it!
- A Oh, OK then.

## PHRASES FOR FLUENCY SB p.37

1 Put the sentences in the correct order.

- 1 A Hey, Fatima. I've got some news.
- A Well, they're from Italy. They're going to be here for a couple of weeks.
- B Oh really? What is it?
- A Some friends are coming next week to visit me.
- B So what?
- B Great. I love parties!
- A Oh, I'm sorry, Fatima, I didn't mean to. Of course I want you to come as well.
- B What about me? Don't forget me!
- B OK. Some Italians here in our town! That's good news.
- A Yes, it is. I want to have a party when they're here.
- A Me too! I'm going to invite Joe, and Garry, and June, and Melinda, and ...

2 Complete the conversations with the words in the list.

Actually | What about me | So what  
 I didn't mean to | as well | a couple of

- 1 A Do you like this curry?  
 B Yes, it's delicious. <sup>0</sup> Actually, curry's my favourite food, I think. But I like other things <sup>1</sup> \_\_\_\_\_, of course.
- 2 A I'm going to the cinema with <sup>2</sup> \_\_\_\_\_ friends.  
 B <sup>3</sup> \_\_\_\_\_? Can I come too?
- 3 A John's very angry with you.  
 B <sup>4</sup> \_\_\_\_\_? I don't like him anyway.
- 4 A Katie? Did I say something wrong?  
 B Yes. And it hurt me!  
 A Well, I'm really sorry. <sup>5</sup> \_\_\_\_\_.

### Pronunciation

Vowel sounds: /ɪ/ and /i:/

Go to page 118.



## Reading and Writing part 3b

**1 Complete the conversation between Jack and his dad. For each space 1–5, choose one of the sentences A–H.**

JACK What's for dinner tonight, Dad?  
 DAD 0 C  
 JACK Again? We had that on Monday night.  
 DAD 1 \_\_\_\_\_  
 JACK Oh well, that's OK. I really like fish and chips. Can we have some peas too?  
 DAD 2 \_\_\_\_\_  
 JACK Actually, they're in the cupboard, not the fridge.  
 DAD 3 \_\_\_\_\_  
 JACK Sure. Here you are. Do you need any more help?  
 DAD 4 \_\_\_\_\_  
 JACK Yes, it is. Is that why you cook it all the time?  
 DAD 5 \_\_\_\_\_  
 JACK Yes, you're right. Sorry, Dad!

- A No, thanks. Cooking fish and chips is easy!
- B Can you get them for me?
- C Fish and chips.
- D We haven't got any.
- E That's not true. Sometimes I make curry.
- F I know. And we're having it again tonight.
- G I don't need any help, thanks.
- H OK. I think we've got some in the fridge.

**2 Complete the conversation between a waiter and a customer. For each space 1–5, choose one of the sentences A–H.**

CUSTOMER Can I have the menu, please?  
 WAITER 0 C  
 CUSTOMER Thanks. I think I'd like the mushrooms to start. Are they fresh?  
 WAITER 1 \_\_\_\_\_  
 CUSTOMER Good, I'll have the mushrooms then.  
 WAITER 2 \_\_\_\_\_  
 CUSTOMER The chicken, please.  
 WAITER 3 \_\_\_\_\_  
 CUSTOMER No problem. OK, I'll have the fish, please.  
 WAITER 4 \_\_\_\_\_  
 CUSTOMER Oh, grilled, please. And some rice and beans.  
 WAITER 5 \_\_\_\_\_  
 CUSTOMER Just some water, please.

- A We haven't got fresh mushrooms.
- B Thank you. Would you like some water too?
- C Yes, of course. Here it is.
- D Yes, they are, Madam.
- E Of course. Would you like it grilled or fried?
- F I'm very sorry, Madam – we haven't got any chicken today.
- G Thank you, Madam. And to drink?
- H Very good, Madam. And for the main course?

### Exam guide: dialogue matching

**In this exercise, you read a conversation and choose a sentence to go in each of the empty spaces.**

- You choose five sentences (one is given to you) from eight possibilities. This means you have to be careful not to choose sentences that are wrong.
- Remember that some of the 'wrong' answers are almost right.
- When you choose a sentence for a space, make sure it works for what is said before it, and also what is said after it. For example, look at space number 2 above. Jack says: 'Can we have some

peas too?' A possible answer is D: 'We haven't got any.' BUT – and this is important – Jack then says: 'Actually, they're in the cupboard ...'. So D cannot be correct. The correct answer is H. (Another example: why is 'G' NOT the right answer for space 4?)

- When you finish choosing the sentences, read through the complete conversation again to check your answers. Does the conversation make sense?